

**Recreational Music Making (RMM)** is a relatively new concept focusing on the process of becoming an active music maker, learning to play an instrument in a relaxed and fun group atmosphere. The purpose of RMM is the enjoyment and well being of the participant and the group. I am excited to have become a part of this “movement” as a **trained and licensed Musikgarten Adults teacher**. You can find the following class description in the program guide of the Wheaton Park District Adult Education program, as well as register on-line at [www.wheatonparkdistrict.com](http://www.wheatonparkdistrict.com). This year the program has been expanded and is also being offered by the Carol Stream Park District.

### **Musikgarten Adults- Group Piano Lessons**

This group piano Class is for Adults who have always wanted to play piano. Participation requires no previous musical training or perceived talent. The relaxing Recreational Music Making approach focuses on the joy of making music in a non-stressful, no performance pressure environment, which can actually improve well-being. A piano or keyboard for at home practice is recommended. A materials fee of \$24 includes piano book and accompanying CD and can be paid to the instructor on the first night. Taught by, **Linda Krueger**, who has been teaching private and group piano lessons to children and adults for over 30 years. She is a member of the Music teachers National Association, is very active in the local West Suburban MTA and is a trained and licensed Musikgarten Adults teacher.